

## Nutrition Chapter 1 Quiz

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The first chapter of the nutrition covers only some of the basic things you should know and reminds you of why you choose this career path. How attentive were you about this first chapter? Test your answer out by answering the questions below. Remember to revise before the next chapter.

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Nutrition is the food that people [Blank] and how their bodies [Blank] it. 2. Preventive approach is when healthcare providers minimize risk factors in advance.

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Nutrition Chapter 1 Quiz The energy value of foods is measured in units commonly referred to as kilocalories Energy-containing essential nutrients that you need in higher amounts are macronutrients The science that studies how the nutrients and compounds in foods affect your body and health is called nutrition A sugar-pill that has no impact of the individual's health when ingested is an example of a placebo If a study is done on lab animals, the results have absolutely no relevance to ...

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Summary of Results Required field Web Quiz Assignment Name: Sizer/Whitney, Nutrition: Concepts and Controversies, 12e, Chapter 1 Total Possible: 30.0 Time Spent: 00:30:20 / 01:00:00 correct 28.00 93.33% incorrect 2.00 6.67% To email the results to your instructor(s), complete this form: Email results to: Additional message: Your first name: Your last name: Your email address: 1 Which of the ...

### Nutrition Chapter 1 quiz - WebQuiz AssignmentName Sizer ...

1) promotes growth & maintenance 2) regulates body processes: minerals 2 functions/qualities: 1) promotes growth & maintenance 2) regulates body processes: waters 3 functions/qualities: 1) promotes growth & maintenance 2) supplies medium in which chemical changes occur 3) regulates body processes: RDA: recommended dietary allowance: AI ...

### Quia - Nutrition: Chapter 1 check-out quiz

Practice Class 7 Science Chapter 1: Nutrition in Plants MCQ test. This Nutrition in Plants Class 7 MCQ test check the understanding and concept of the chapter. you can test your knowledge and evaluate yourself. We also have Class 7 Science Notes, NCERT solutions, worksheets and Assignment free on our website.

### Class 7 Science Chapter 1: Nutrition in Plants MCQ

Nutrition in Plants Quiz: Summary All living organisms require food. The food gives energy to the organisms for growth and maintenance of their body functions. Carbohydrates, proteins, fats, vitamins and minerals are the components of food.

### NCERT 7th Class (CBSE) Science: Nutrition in Plants Quiz ...

Class 7 Science Chapter 1 MCQ (Multiple Choice Questions) of Nutrition in Plants. All the MCQs are selected form the Class 7 Science NCERT Book Chapter 1 only including all the important topics, main questions, keywords based questions and short questions from exercise. Answers and Explanation of each question is given along with the question.

### Class 7 Science Chapter 1 MCQ (Multiple Choice Questions ...

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